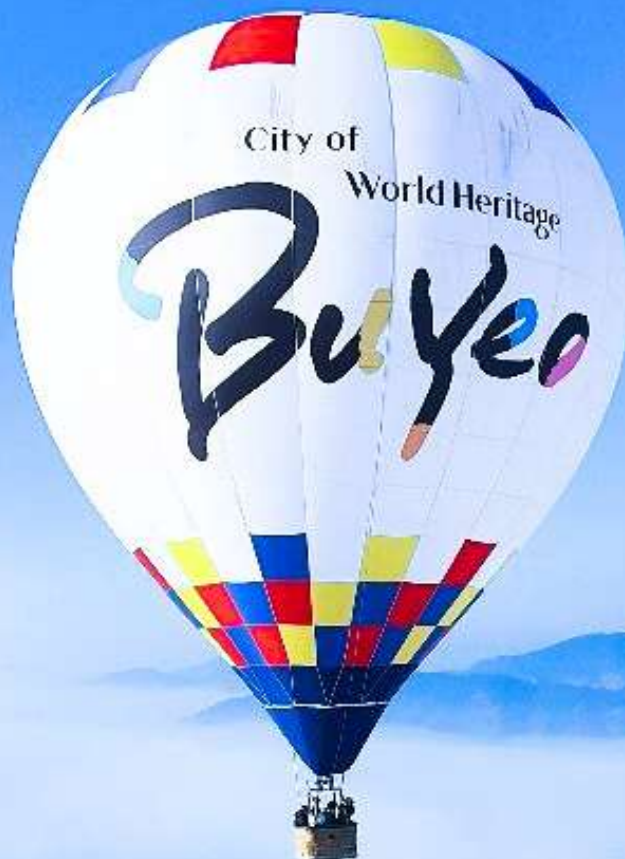




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# **DAEJEON & BUYEO: THE DUAL JOURNEY OF WELLNESS AND CULTURE**

**8 PLANNED MEALS: 5 BREAKFASTS, 2 LUNCHESES, 1 DINNER**



Unearth the hidden treasures of South Korea through a unique journey that combines wellness and cultural immersion. Begin your adventure in metropolis Daejeon where relaxation meets innovation. Here, natural hot springs and modern science centers converge to offer a holistic approach to well-being. Soak away your stress and rejuvenate your spirit in therapeutic hot springs, or explore the fascinating blend of creativity and education at a renowned science complex.

As your journey continues, you'll venture into Buyeo county where history and nature intertwine seamlessly. Explore archaeological wonders that bring ancient civilizations to life, and discover UNESCO-listed heritage sites that whisper tales of a bygone era. This is a dual voyage that promises to revitalize your body, enrich your soul, and reveal the hidden gems of a captivating destination.

**DAY** Arrival and Daejeon Exploration

**01** Upon your arrival at the Incheon International Airport, your friendly driver-guide will greet you and transport you to Korea's fifth-largest metropolis Daejeon, where you'll have the opportunity to unwind and recharge at the renowned Yuseong Hot Spring, known for its mineral-rich geothermal waters that offer a serene and rejuvenating experience in a natural setting.

Later, visit Daejeon Shinsegae Art & Science, a groundbreaking retail concept that artfully blends shopping with elements of culture, art, and science. It's complemented by the inclusion of the exquisite 171-room Hotel Onoma, Autograph Collection, spanning multiple floors within the stunning Expo Tower, where you'll enjoy a two-night stay.

Next, you'll discover the Daejeon Expo Aquarium, a departure from traditional aquariums, as it integrates media art installations, providing an abundance of photo-worthy spots and interactive experiences, such as fish feeding opportunities.

As your day concludes, take a leisurely walk at the Expo Science Park that boasts iconic landmarks such as Expo Bridge, Hanbit Tower, Expo Memorial Hall, World Expo Memorial Museum, and Daejeon Traffic Culture Institute.



**DAY Discover Daejeon's Historic Charms and Wellness Oasis**

**02** Today, you'll delve into Daejeon's historical and therapeutic offerings. Your morning will be spent exploring the Cheongnamdae, a former presidential villa, nestled amidst serene natural surroundings, known for its historical significance and scenic beauty.

Following that, you'll embrace nature's healing powers as you embark on the Gyejoksan Red Clay Trail that offers a tranquil and soothing opportunity to walk barefoot through the beautiful natural landscapes of Gyejoksan Mountain. Red clay is renowned for its numerous health advantages, as it is rich in essential minerals like potassium, iron, and calcium. Furthermore, it serves as a natural purifier, antioxidant, disinfectant, and detoxifier. This clay emits infrared rays that the body absorbs, aiding in improved blood circulation and cell regeneration.

Your afternoon will be dedicated to wellness. You will enjoy the enriching offerings of Phil Hospital of Korean Medicine, where traditional Korean Chuna therapy, a traditional manual therapy that focuses on spinal adjustments and joint mobilization to promote overall health and wellness and Facial Acupuncture therapy, a treatment that boosts lymphatic and circulatory systems, nourishing and oxygenating skin cells, while internally promoting collagen and elastin production that contributes to both a rejuvenated appearance and improved overall skin health.

Conclude the day with some retail therapy at Hyundai Premium Outlet, a high-end shopping destination offering a wide selection of luxury and designer brands in a modern and stylish setting.

**Meals: Breakfast - hotel / Dinner - Korean pork BBQ**



**DAY Scenic Morning to Hanok Evening**

**03**

Your day begins with a refreshing morning walk along the Daecheongho Lake, a picturesque and tranquil freshwater lake, known for its scenic beauty and recreational opportunities. Afterward, you'll indulge in the delightful serenity of Haru Scalp, a holistic clinic devoted to scalp wellness, where tailored scalp assessments, soothing therapeutic massages with treatments, and a serene atmosphere come together to ensure absolute relaxation and revitalization.

In the afternoon, explore Euneungjeongi Culture Street for a picturesque stroll, and Sungsimdang Bakery, a Daejeon culinary icon listed in Korea's Michelin guide, is a must-visit for its unique pastries, making ideal souvenirs as well. Next, proceed to Soje-dong is a charming district, known for its picturesque streets, cozy cafes, and vibrant atmosphere.

The day will conclude with a journey to Buyeo County where you will spend the night in a traditional Hanok, offering an immersive experience in Korean architecture and culture.

Meals: Breakfast - hotel

**DAY Buyeo Adventure and Cultural Exploration**

**04**

Today promises exhilaration and cultural immersion in Buyeo. Start your day early with a breathtaking, hour long hot air balloon ride (if weather conditions are unfavorable or if necessary, the experience will be rescheduled to the following morning) and witness the mesmerizing sunrise with panoramic views from above. After breakfast, delve into history and culture at the Baekje Cultural Land, a living history museum that authentically recreates the ambiance of the ancient Baekje Kingdom, offering a captivating glimpse into South Korea's rich heritage.

The journey continues with a serene Hwangpo sailboat ride on the Baegmagang River, offering a peaceful and scenic exploration of Buyeo's natural beauty and cultural significance, where you can also admire the Nakhwaam Rock, an imposing cliff overlooking the northern tip of Busosan Mountain. Next, explore the historic Gunnamji Pond, recognized as Historic Site No.135, then visit the culturally significant Jeongnimsa Temple Site, home to a UNESCO-listed 5-story Stone Pagoda, showcasing the artistic excellence of the ancient Baekje Kingdom's heritage.

Meals: Breakfast - local restaurant / Lunch - Buyeo's specialty Yeonnibap



**DAY** Journey from Buyeo to Seoul

**05**

Bid farewell to Buyeo as you travel to Seoul, the bustling capital city.

Upon arrival, spend the afternoon exploring Seongsu-dong, a trendy neighborhood in Seoul known for its vibrant café culture, artistic ambiance, and distinctive industrial-chic atmosphere before settling in for the evening in Myeong-dong, a bustling and iconic shopping district in the heart of Seoul, known for its vibrant street life, trendy boutiques, and a diverse array of street food vendors.

Meals: Breakfast - local restaurant / Lunch - Korean Samgyetang (Ginseng chicken soup)

**DAY** Departure from Seoul

**06**

This morning, you'll have a free & easy morning in Seoul, allowing you some leisure time for personal exploration or last-minute shopping. Later in the day, you'll transfer to the airport in preparation for your departure from Incheon.

Meals: Breakfast - hotel

**Note:**

- In the event of bad weather, natural disasters, pandemic or unforeseen circumstances, itineraries or activities may be replaced or cancelled with/without prior notice for safety considerations.
- The tour sequence and meals are flexible and may change due to unforeseen circumstances, but the core tour program remains unchanged.
- The hot air balloon ride is subject to weather conditions. In the event of unfavorable weather or if necessary, the experience will be rescheduled for the following morning.

